# Prayers for Symmetry

gladness singleness ofheart

Trinity Church in the City of Boston

# PRAYER FOR THE BEACH

Joyful God, we thank you for this time together. We thank for for the sun in the sky, the cool sea water, and the sand. We thank you for yummy snacks, buckets, pails and beach umbrellas. We thank you for our family, our friends and the life guards who keep us safe. We ask that you bless us on this beautiful day and we praise you for this beautiful Creation that you have entrusted to us. *- Author Unknown* 

#### <u>Prayer for the Morning</u>

I rise today by the grace of God and commit myself to walking in your ways.

Today, I pray... for Trinity Church in the City of Boston, for my family, friends and for peace and reconciliation amongst all peoples.

Today, I commit to learning... from history, from those who are different from me, and from those whom I find it difficult to love.

Today, Lord, help me... to heal the wounds of history, to live with difference and celebrate diversity, and to build a culture of peace.

Lord, use me to be kind, tender-hearted and forgiving, as God in Christ forgave me. Amen.

#### Prayer for the End of the Day

There is space in this prayer to contemplate your experiences from your day. We also invite you to reflect on how your day has been influenced by the Morning Prayer.

#### I end this day by reflecting

on what I learned... [space for own reflection] on how I served... [space for own reflection] and by praying for... [space for own reflection]

Thank you Lord, that even though we have all sinned and fallen short of your glory, we still walk in the light of your grace and love.

Thank you Lord, that you are kind, tenderhearted and forgiving of us so that we can be kind, tender-hearted and forgiving of others and ourselves. In the name of Christ, our Lord, Amen.

#### <u>A prayer for Summer Activities</u>

- Take time to claim your strength; they are gifts of God. Take time to have fun;
- it's God's way of teaching you your strengths.
- Take time to grow yourself; only you can grow you.
- Take time to trust yourself; God trusts you.
- Take time to share with others;
- they will bless you, and you will bless them.
- Take time to have hope, you are a child of God.
- May we all help make our home a place of relaxation, joy, love, peace and safety.
- May we be generous and considerate, not thinking only about ourselves, but helping others enjoy the blessings of summertime.
- Lord God, Creator of all things, guide our steps and strengthen our hearts, during these months of summer and vacation days.
- Grant us refreshment of mind and body.
- We ask this through Christ our Lord.
- Amen.



Take a moment and color in this image of Trinity and then take Trinity Church with you on your summer travels.

Send us your pics and let us know where you see God in your midst this summer.



# THIS OR THAT

#### Summer Edition

Mountains Beach Choir Congregation 5pm Church 9am Labor Day Memorial Day / Skiing Swimming Books Movies Trinity Sunday Pentecost Children's Homily Sermons



### **SUMMER BINGO!**



Invite another church family to join you for a playdate/meet up.

Go to church while on vacation.

Take a pew selfie together with your image of Trinity.

**BINGO**!

Sit in a totally different place at **Trinity** Church

Talk about what you noticed.

Write a family prayer and pray it all summer long.

The needs of our ministry partners don't take a vacation.

What are ways YOU can help?

Sort through your toys, clothing, and household items.

Donate them.

Attend a service at Trinity other than your regular time/location.

Complete this card and bring it back on September 10 for the fall kick off.

(Members of the Family Ministry Team will have a special prize for you!)